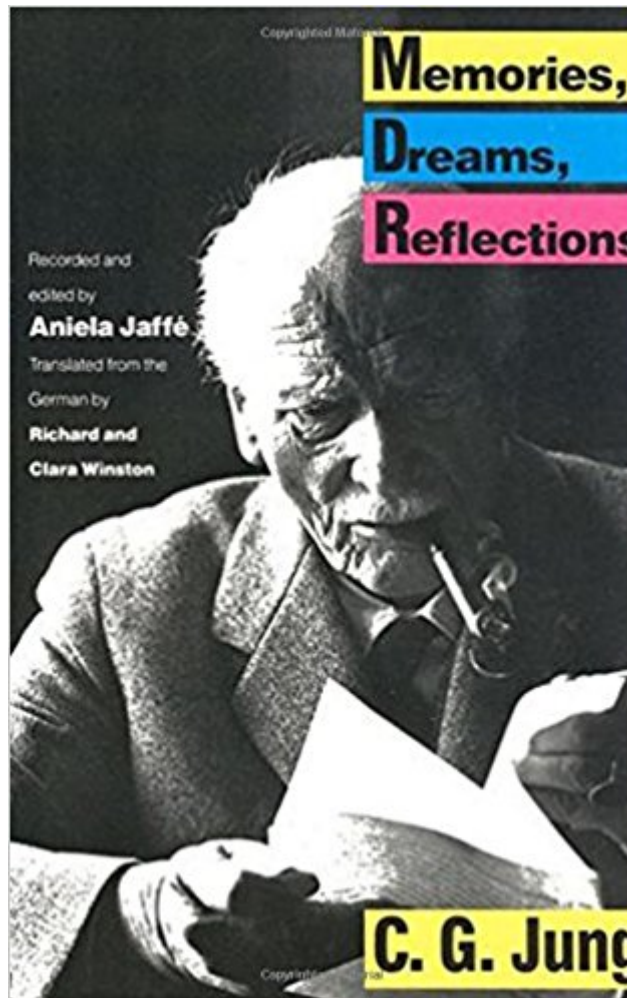




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# Memories, Dreams, Reflections



## Synopsis

An eye-opening biography of one of the most influential psychiatrists of the modern age, drawing from his lectures, conversations, and own writings. In the spring of 1957, when he was eighty-one years old, Carl Gustav Jung undertook the telling of his life story. *Memories, Dreams, Reflections* is that book, composed of conversations with his colleague and friend Aniela Jaffé, as well as chapters written in his own hand, and other materials. Jung continued to work on the final stages of the manuscript until shortly before his death on June 6, 1961, making this a uniquely comprehensive reflection on a remarkable life. Fully corrected, this edition also includes Jung's *VII Sermones ad Mortuos*.

## Book Information

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## Customer Reviews

"An important, firsthand document for readers who wish to understand this seminal writer and thinker." —Booklist

Text: English, German (translation)

Carl Jung was an amazing and gifted person. He was very brave in revealing his deepest inner thoughts, feelings, and dreams. He possessed a rare gift of being able to view and understand the unconscious. He was way ahead of his time and ours for that matter. He stressed the importance of

the soul and inner self of each individual and its importance to psychotherapy. We still are awaiting the next Carl Jung.

I first read this book in grad school while studying Jung. I consider Jung to be the most influential "mind scientist" of the 20th century. Read the preface to this compelling and honest story of a most remarkable life...and you will feel the pull to read on. In just these few pages, Jung says so much. He says how the power of mythology is a better tool for telling his tale than a scientific inquiry....and describes life and death in a most accurate and poetic fashion. and this is only the preface! I bought the kindle version so this masterpiece would always put Jung in my "cloud."

To paraphrase Mark Twain, everyone talks about Jung(especially since the New Age laid claim to him) but no one ever reads him. If you want to know what the fuss is about without slogging through the 20-volume collected works, read this lovely, short, simple and important book. Jung talks about his astonishing life and experiences (including dreams, visions, hauntings and other aspects usually talked about obscurely and mystically if at all) as simply and honestly as if he were sitting in your living room smoking his pipe.

I am not a psychologist or therapist professional, but I have been a seeker in understanding my own psyche, and this is a rare treat into the life, mind and subconscious of a great teacher, philosopher and thinker who transformed the world. Jung's contribution to the idea of the collective unconscious and its symbols, and his ability to look at a person's life more wholly from a spiritual and symbolic level, rather than as just something that happened to one, makes this an irresistible book for anyone who has ever contemplated what their dreams, memories and reflections might be revealing from the deep inner psyche and how that might transform and cope with their life. It takes a lot of guts as an academic to share what can be perceived as your crazy side.

I don't have to understand everything in the book to be aware that I was given many great insights. There are lots of things I always wondered about in my own life, and Jung and Jaffe provided many answers to how things fit together. My own myth about God and the unseen realm has been greatly augmented. Please read!

This fabulous memoir goes out of print and then, sometimes, re-emerges in a later edition. I hate it when I cannot find a copy, as I want to give it to many people I know. I gave the most recent edition

as a gift to an erudite friend, because I read the book thirty years ago and still recall how deeply affected I was by the book. The book is not psycho-babble or even a tome about Jungian psychology; rather, it's deeply personal, incredibly creative, and spiritual in a way that does not gag one. I highly recommend this book, and the new cover is sharp, too.

Carl Jung provides the reader with an opportunity to explore significant moments in his life; however, these are uniquely narrated because he bypasses his usual avoidance of religion. Readers who are interested in the relationship between the author's personal experiences and the formation of his ideas will not be disappointed. Though this is a classic autobiography in that it is written when Jung was in his 80s, it is not a dry record of personal accomplishment. Jung vividly narrates his life story as an artist who paints a portrait rather than a scientist who compiles statistics. It is a pleasure to read and seek out the motivations of this innovative thinker whose importance becomes more relevant as our world's "collective unconscious" enters a transformational period.

I was at my local library looking for 'serious' books on dreaming. I was sick of all the flimsy material I was reading and wanted to find out what the big thinkers thought about the subject. This book came up in my library search and I picked it up thinking it would be a book about what a psychologist thought about dreaming - in all honesty I didn't know anything about Jung or had read any of his material. I started reading this book and found out I had picked up his memoirs, which was really disappointing for me as I don't generally like reading autobiographies of any kind - but I simply couldn't put the book down! The imagery of his language drew me in, and a simple sentence was enough to set me into a train of thought that could last for hours on end - it has simply been the most amazing book I have ever accidentally read so I had to buy it! This is not a book for anyone looking for hard facts about anything, but rather an exploration of this man's amazing life. The way he is able to weave the stories of his life together without sounding mystical, over analytical or insane is absolute genius. If you are caught up in the mysteries of the world and are looking for someone to identify with, then you can't go past the life of Jung.

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